

Opening

Introduction and ice-break

Thematic breakout rooms discussions

Peer exchanges facilitated by PhD
alumni and the CUSO team

Plenary synthesis

Key takeaways and alumni inputs

Closing

Next steps and informal networking

Wednesday 13 May 2026

11:00–12:30

Online

Language: English / French

Breakout rooms key topics

- Planning, managing and focusing
- Keeping motivation and inspiration
- Managing deadlines and stress
- After the thesis