







Cross Border Doctoral Workshop Get ready for your career

- tools and strategies -

Program

- Where? Università degli Studi di Torino (University of Turin)
- **When?** 19th, 20th and 21st September 2018
- Who? 45/50 PhD students of:
 - Université de Lyon (20)
 - Universités de Suisse occidentale (8)
 - Università di Torino (12)
 - Politecnico di Torino (8 to 10)
- Languages: English and French

Wednesday 19th September 2018

7 a.m.	Departure from Lyon – La Doua Campus		
12 a.m. – 12.30 a.m.	Arrival of the participants – check in at the student residence		
12.30 a.m. – 1 p.m.	Welcome speech Introducing the doctoral workshop objectives		
1 p.m. – 2 p.m.	Lunch – buffet		
2 p.m. – 3 p.m.	Ice breaking games		
3 p.m. – 4.45 p.m.	How to define and work on your personal and professional development plans? Identify your strengths, professional skills and goals (1st session)		
4.45 p.m. – 5.15 p.m.	Coffee break		
5.15 p.m. – 7.30 p.m.	How to define and work on your personal and professional development plans? Identify your strengths, professional skills and goals (2 nd session)		
7.30 p.m.	Dinner in Turin		
From 9 p.m.	Free evening – multicultural activities		









Thursday 20th September 2018

	Interculturality & employment:		
8.30 a.m. – 10 a.m.	Learn local characteristics of labor markets in Auvergne-Rhône-Alpes (France),		
	Piedmont (Italy) and W	estern Switzerland- worksho	p in French and English
10 a.m. – 10.30 a.m.	Coffee break		
10.30 a.m. – 12.30 p.m.	Elevator Pitch – practical application		
12.30 p.m. – 1.30 p.m.	Lunch — Buffet		
1.30 p.m. – 3.30 p.m.	Strategy and tools to understand the professional environment of the employer and to deal with unexpected situations even during the job interview		
3.30 p.m. – 4 p.m.	Coffee break		
4 p.m. – 6 p.m.	4.0 Job application: How to use professional social Networks to your advantage?		
	Practical workshops :		
6 p.m. – 7.30 p.m.	Elevator Pitch	Individual work on the CV	Intercultural
		and on the online profile	communication
From 8 p.m.	Business dinner with professionals		

Friday 21st September 2018

8.30 a.m. – 9.30 a.m.	Getting ready for the job interview in different cultural contexts		
9.30 a.m. – 9.45 a.m.	Coffee break		
9.45 a.m. – 10.45 a.m.	Simulated job interviews with professionals – 1 st Group		
10.50 a.m. – 11.50 a.m.	Simulated job interviews with professionals – 2 nd Group		
11.50 a.m. – 12.30 a.m.	Workshop debrief and concluding remarks		
12.30 a.m. – 1.30 p.m.	Lunch — buffet		
From 1.30 p.m.	Departure of the participants		
6.30 p.m. – 7 p.m.	Arrival in Lyon – La Doua Campus		